

The Fruit of the Spirit is LOVE Activity Instructions

Hands On: Overflowing Love Object Lesson



- **Supplies:** Large cup, Baking Soda, Vinegar, Red Food Coloring, Tablespoon, Measuring Cup, Large Plate or Tray
- **Instructions:**
 1. Put a large plate or tray under each cup (The empty cup represents the emptiness in our hearts without Jesus).
 2. Squirt a little bit of red food coloring into each cup (Jesus died on the cross to pay the price for your sin because He loves you so much).
 3. Add a TBSP of baking soda to each cup (When you give your heart to Jesus, He washes it clean and gives you the Holy Spirit to help you follow, obey, and love Him and love other people).
 4. Slowly pour in about 1/2 cup of vinegar (Because He first loved us, the Holy Spirit at work in our hearts bubbles up inside and causes His love to overflow out of our hearts and show love to others).

<https://thelittlesandme.com/the-fruit-of-the-spirit-is-love-kids-activities/>